## **Causal Factor Map** ~ Improve the Health of Washingtonians Mental health & substance abuse care Congenital Age and Emergency & genetic care gender factors Race/ ethnicity Provide access to appropriate<sup>1</sup> Specialty Socio -**ID** and mitigate care health care economic risk factors status Chronic/long term care Primary care Preventive Occupation care Maximize the belivery system value **HEALTH of** Exposure to Quality providers Washingtonians Exposure to • Evidence-based practices hazardous hazardous conditions • Information technology infrastructure materials • Reasonable geographic distribution Exposure to Performance-sensitive markets communicable Information transparency diseases **Mitigate** Self-protect Increase healthy Seek environmental from accident behaviors appropriate and injury hazards care Reduce Healthy Reduce substance sexual obesity abuse Adequate behavior Healthy diet Healthy Exercise Use Exercise U Reduce food Adequate water Safe Safe food

water

<sup>&</sup>lt;sup>1</sup> "Appropriate" means evidence-based, quality, and cost-beneficial care when applied to the design, treatment and delivery of health services.